

Cape Flats / South Africa



**GOAL
50**

Goal50.com

COMMITTED TO RAISING FUNDS AND HOPE FOR SOCIETY'S MARGINALISED IN CAPE TOWN, WORKING ALONGSIDE TOWNSHIP SOCCER ACADEMY, GOU.

Winter 2020/21

NEWS



**SOUP
PROJECT
RESCUES
THOUSANDS
OF HUNGRY
FAMILIES**

Astonishing story. See inside
or view video at goal50.com



The bleakest of days. The best of outcomes.

All at Goal50 want to thank the team of 'budding' triathletes for a quite brilliant result to all their blood, sweat and tears given in the name of charity. They raised £8,000 for a collection of Guernsey charities that are feverishly working to support poor communities during these days of Covid-19. It was arguably the worst day of a quite beautiful English summer. Suffice to say, the team never dried out after the swim... it rained relentlessly. The funds raised for Goal50 will be used for the charity's emergency food programme - Mother Soup - in the townships of the Cape Flats. So a big thank you (left to right) David Reed, Lauri Warlow, Suzy Mather, Tim Ogier, Ellie Gallienne and Lex Stephens... your efforts brought hope to many desperate families.



latest news

This precious five day old baby was abandoned by her mother in hospital. Goal50 provides emergency foster parents.

Absence truly makes the heart grow fonder

Over the last year, COVID-19 has affected the whole world to varying degrees. I write from my home in Guernsey where, apart from the borders being restricted, life has carried on as normal and the island has fared reasonably well. We have a lot to be thankful for. I am afraid the same cannot be said of South Africa. Economically, the nation has suffered greatly. Socially, 40% of adults reduced their meal frequencies with 20% of children going to bed hungry.

Goal50's food programmes have been invaluable. Since we started in 2014, more than 800,000 meals have been served in the townships. This figure does not include the exciting Mother Soup project (covered in this newsletter) which has supported in excess of 2.7 million portions of soup and bread since July 2020.

The Bible tells us that the poor will always be with us, but that is not an excuse to try and ignore the serious world wide problem. Mario & Michelle and their teams have certainly risen to the challenge. It is so reassuring to know that so much has been achieved because of the faithful service of our dedicated team.

For obvious reasons, this is the first year that I have not travelled to South Africa since the charity started. However, weekly contact and communication has been maintained throughout the year. We are in very good hands.

Thank you to all of our supporters. We appreciate you standing with us and value your interest in our project.

God bless each and every one of you.

Nigel

Goal50, Chairman & Founder



THERE ARE ALWAYS GOING TO BE POOR AND NEEDY PEOPLE AMONG YOU. SO I COMMAND YOU, ALWAYS BE GENEROUS, OPEN PURSE AND HANDS, GIVE TO YOUR NEIGHBOURS IN TROUBLE, YOUR POOR AND HURTING NEIGHBOURS.

THE BIBLE:
DEUTERONOMY 15: 11

“Cheers”

Guernsey is playing a significant role in bringing hope to thousands of hungry families in the violent townships of the Cape Flats.

Earlier this year, the South African government imposed measures on the hospitality sector as part of their national lockdown measures. As a consequence Cape Town’s Woodstock Brewery called ‘last orders’, please.

However, Guernsey charity Goal50 became part of an outrageous but ingenious idea to repurpose the brewery equipment to make soup for township families that could barely afford food in light of spiking unemployment and limited State benefits. In a matter of a few months, nearly 3 million soup portions have been made. South Africans call the project Mother Soup - a local reference to Cape Town being the mother city. Demand is increasing by the week and the potential for increased production is only limited by funding.

Covid-scarred townships are reaching desperate levels. Working together, the brewery and the charity have come to the rescue of many in South Africa’s poorest communities. Research tells us that almost 30% of adults go to bed hungry because of the lack of income. A spike in unemployment makes the future in the townships very much more uncertain.

Support from all corners of the planet has enabled the involvement of skilled chefs, a dietician and a food technologist. Unpaid teams of volunteers have signed up to help. Up to 14,000 litres of soup has been cooked on one day. With Goal50’s experience in running food programmes, its on-the-ground distributors ensure that soup goes where it’s most needed. Distribution costs nothing, so every cash donation made goes entirely towards the ingredients and the making of soup. A portion of soup and bread is

produced for less than 10p.

In Oxfam’s report of July 2020 entitled The Hunger Virus: How Covid-19 is fueling hunger in a hungry world, it identified several emerging hotspots, one of which was South Africa. The report recognised that even before the pandemic, 13.7 million people living in South Africa did not have access to enough food, especially in urban areas. President Ramaphosa has made it clear that “there is no money left”. Government support for the most vulnerable families has not been efficient, it has just not acted quickly enough. “At Goal50” explains founder Nigel Pascoe, “we refuse to accept that there is simply nothing that we can do to feed the hungry. The charity has already made several emergency contributions. But we are profoundly grateful to Guernsey’s Overseas Aid & Development Commission who have granted funds to this exceptional life-saving project. This contribution equates to nearly 210,000 meals at two rand per portion of soup and bread.”

The very latest news is that Woodstock Brewery is now able to return to the production of alcohol. But the best news is that its owner Andre Viljoen insists that the Brewery continues to cook soup on three days each week. Cheers Andre. If you can help financially with this emergency please go to the charity’s website at goal50.com where there are opportunities to donate through PayPal.

see the video on the
goal50.com home page

Brewing beer suspended / Let's make soup!



A grant from Guernsey's Overseas Aid & Development Commission will provide more than 210,000 portions of soup

Andre Viljoen
Owner / Woodstock Brewery



High on nutrition / Low on waste



High on hygiene / Low on maintenance



High on volumes / Low on cost



Armistice Day Supper

Wednesday 11 November 2020

Two minutes silence originated in Cape Town

Goal50 was delighted to address members of The Royal Commonwealth Society at their recent Armistice Day Dinner. The vision of both organisations in serving commonwealth citizens is an excellent match.

Nigel identified that the tradition of two minutes silence was the idea of Cape Town City Councillor Mr R R Brydon and the Mayor Sir Harry Hands. Hanging in the city is a plaque entitled 'Commemoration of an Honourable Tradition' explaining how one minute is in remembrance of those who died for their cause and one minute in gratitude for survivors.

One hundred years on, Goal50's mission is to 'not forget' those who are denied; freedom from poverty, freedom from hunger, freedom from drugs, freedom from violence, freedom from gangs.

"We are very supportive of the work of Goal50 in the townships of the Cape Flats in South Africa," explains RCS President, Anita Inala-Kilby. "Any means of improving the lives of our Commonwealth citizens is worthy of our attention and encouragement."



THE ROYAL COMMONWEALTH SOCIETY



Nicholas Galitzine scooped this hand-crafted quilt by Sandra Austin



Nigel Pascoe Founder, Goal50
Anita Inala-Kilby President,
The Royal Commonwealth Society
Guernsey Branch

Khayelitsha

football tournament
+ food



Goal50 loves football. And so do township kids. Khayelitsha may just be a stone's throw from Table Mountain - one of the top three most visited tourist spots in South Africa - but you won't find many visitors here. Its high crime rates make it an unwise place to venture. In 2018 there were 192 murders investigated, 186 sexual offences and 1,294 cases of robbery in a population of nearly half a million.

Against a backdrop of gangs, drugs and violence, these festivals of football are a way of building relationships and building community. It's less about handouts and more about how to do life differently in a spirit of forgiveness and reconciliation. It goes without saying that Tournament hosts, Goal50, fed everyone involved.



CAPE SNAPS



A dawn excursion for the Mother Soup project distribution van.



Children eagerly but patiently await a ration of hot food in Nyanga.



Cape Town Mayor Dan Plato helps with our food distribution.



Armistice Day Supper with the Royal Commonwealth Society.



New season. New kit. New experience for many township juniors.



Arson attack on a bus in Khayelitsha. A familiar scene in the townships.



What appeared to be a pile of rubbish just happened to be shelter for an adult couple and two young boys. All within a few metres of a main highway.



Some children don't have shoes, never mind boots to play football.



Goal50 donated 1,000 child facemasks, incl. Safe House Crèche graduation day.



Covid19 pandemic - Goal50's food distribution team enlisted the help of many volunteers to put together emergency food parcels for desperate families.



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